The Blessed Elizabeth Canori Mora was born in Rome in 1774 to a wealthy family. In January of 1796 she married Cristoforo Mora, who was thriving in his career as a lawyer. Unfortunately the marriage would be a source of suffering for Elizabeth, because her husband would betray her and increasingly neglect the family, reducing them to destitution. The birth of the daughters Marianna in 1799 and Maria Lucina in 1801 did not improve the situation. She was forced to sustain all the burden of the family, from work, to education of the children, to care for the house. She also devoted much time to prayer, to help the poor and to assist the sick. She supported many families in difficulty and her home became a point of reference for many people who turned to her for material and spiritual needs. She became a Tertiary of the Order of the Most Holy Trinity. Elizabeth died on February 5, 1825. From her diary we cite a text related to the liberation of a soul of Purgatory:

“On the day of November 14, after Holy Communion, hearing the death knell of the bells at the Church of the Trinitarian Fathers of San Carlo in Quattro Fontane, where I was staying, not knowing what was the reason for this mournful sound, my spirit then entered into profound meditation, when it was revealed to me that they were ringing those bells to pray for the souls of the Trinitarian Fathers who were in Purgatory.

It was revealed to me that during the celebration of the sung Mass the mentioned Fathers would be liberated from Purgatory. This news consoled my spirit very much, when by an invisible hand I was transported to a certain place that I am unable to explain, where I had the good opportunity to see these fortunate souls, who very anxiously awaited the blissful moment of being able to unite themselves to that Immense Good, whom they fervently longed to possess.

The mentioned Fathers were about three or five in number. I could not see well how many there were, because of the multitude of other souls belonging to this sacred Trinitarian Order, who humbly begged to leave soon from those pains. Their concerns stirred in me a great desire to free them from those pains. I begged the Lord warmly, in order that He would be willing to console all the mentioned souls.

The Lord graciously accepted to grant my poor prayers, and made me understand that if I participated in the Mass for their supplication, these souls that belonged to the mentioned Order would also be liberated along with the Trinitarian Fathers.

At the singing of the Dies illa they all placed themselves in order, at the Oremus a certain disposition was given them, and they became clear as amber, they were purified through the merits of Jesus Christ. At the Sanctus a bright light appeared, that made them ever more beautiful. At the Elevation they were led to Heaven by the hands of the Angels. In the recitation of the Benedictus qui venit they were received by the eternal God and numbered among the blessed saints of Heaven.”