

# Saint Faustina Kowalska

1905 - 1938

HELL

Saint Faustina Kowalska was born on the 25<sup>th</sup> of August 1905 in Glogowiec, Poland. She entered into the Congregation of the Blessed Virgin Mary of Mercy. Under orders from her spiritual Director she wrote her personal Diary, which she titled *The Divine Mercy in My Soul*. She died at thirty-three years old on the 5<sup>th</sup> of October 1938.

She had a vision of the Inferno, as she herself recounted, "Today under the guidance of an Angel, I was in the depths of Hell. It is a place of great torments all throughout its terrifyingly wide extension. These are the various punishments that I saw: the first penalty, that one which constitutes Hell, is the loss of God; the second, the continual remorse of conscience; the third, the knowledge that fate will never change; the fourth punishment is the fire which penetrates the soul, but does not annihilate it; it is a terrible pain: it is a purely spiritual fire ignited by the anger of God; the fifth punishment is the continual obscurity, a horrible suffocating stench, and although it is dark, the demons and the damned spirits are seen amongst themselves and they see all the evil of the others and their own; the sixth

pain is the continual company of Satan; the seventh pain is tremendous desperation, the loathing of God, the curses, the hexes, the profanities.

"These are punishments that all the damned suffer together, but this is not the end of the torments. There are particular torments for the various souls that are torments of the senses. Every soul, with that which he sinned, is tormented in a tremendous and indescribable manner.

"There are horrible caverns, pits of torments, where every torture is differentiated from the other. I would have died at the sight of those horrible tortures, if I had not been sustained by the omnipotence of God. The sinner knows with the sense with which fault he will be tortured for all of eternity. And she added, 'I write this on orders by God, so that no soul justifies itself saying that there is no Hell, or that no one knows how it is. I, Sister Faustina Kowalska, by the order of God, was in the depths of Hell, for the purpose of telling souls and to testify that Hell exists. That which I wrote is a weak shadow of the things that I saw. One thing I noted and that is that



most of the souls which are there, are souls who did not believe that there was an Inferno.' "

And Saint Faustina added, "Inasmuch as is revealed and written about Hell is only a pale shadow of the reality."

