

# Anne Josephine Lindmayr

1657-1726

*The Carmelite nun, Anne Josephine Lindmayr, experiences the classic teresian model of the transverberation (mystical wounding of the heart). It is Anne herself who describes in her diary how it happened:*

On the 16<sup>th</sup> of January 1699, on a Friday after the Feast of the Holy Name of Jesus, between one and two in the morning, the good God sent to me, in my room, an Angel sumptuously dressed. I was very frightened. The envoy from Heaven had an arrow in hand and came nearer. In that instant I felt in my heart a shot so violent I thought my heart had been ripped out, to the point of dying. I also saw a light so dazzling that I feared the house would burn down. While I was overcome with anguish and in extreme fear, the Angel disappeared and re-entered me: I felt in my heart a great pain that increased day after day.”

