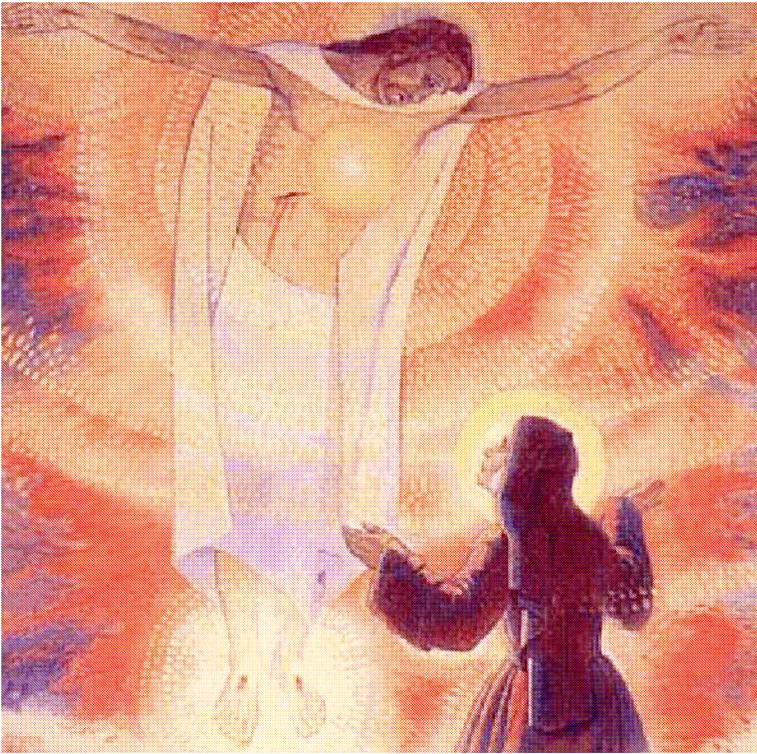


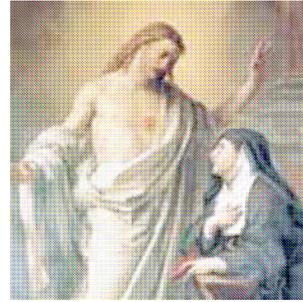
17th Century

Saint Margaret Mary Alacoque



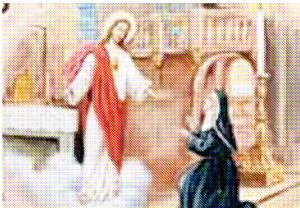
The message received by the Visitation sister of Paray-le-Monial contains the so-called “twelve promises of the Sacred Heart,” in which Jesus revealed to her the graces attached to this devotion. Love for the Sacred Heart of Jesus is closely linked to devotion to the Holy Eucharist. As the great apostle of this devotion, the Jesuit Father Henri Ramière, wrote: “It is in the Eucharist that we actually discover the Heart of Jesus; it is in the Eucharist that He is united in the most intimate way with us, and we with Him.” We list here below the so-called “twelve promises of the Sacred Heart” which the Lord revealed to the Saint:

- 1) To those devoted to My Sacred Heart, I will grant all the graces and aids necessary to their state in life (Letter n. 141)
- 2) I will establish and maintain peace in their families (Letter n. 35)
- 3) I will console them in all their afflictions (Letter n. 141)
- 4) I will be for them a safe refuge in life and above all at the hour of death (Letter n. 141)
- 5) I will pour down abundant blessings on all their labors and undertakings (Letter n. 141)
- 6) Sinners will find in my Heart an inexhaustible fountain of Mercy (Letter n. 132)
- 7) Souls that are lukewarm will become zealous with the practice of this devotion (Letter n. 132)
- 8) Fervent souls will rapidly rise up to a high state of perfection (Letter n. 132)
- 9) My blessing will rest on those places where the image of My Sacred Heart is displayed and venerated (Letter n. 35)
- 10) To all who work for the salvation of souls, I will grant the graces to be able to convert the most hardened of hearts (Letter n. 141).
- 11) Those who spread this devotion will have their names inscribed forever in My Heart (Letter n. 141)
- 12) To those who receive Holy Communion on the First Friday of nine consecutive months, I will grant the grace of final perseverance and eternal salvation (Letter n. 86)



(1) “Jesus is found in the Sacrament of the Holy Eucharist, in which Love binds him as a victim, ever disposed to be sacrificed for the glory of His Father and for our salvation. His life is totally hidden from the eyes of the world, which are only able to perceive the poor or lowly appearances of bread and wine. [...] Jesus is always present alone in the Blessed Sacrament. Make every effort not to miss any Communion, which would only give greater satisfaction to our enemy, the Devil.”

SAINT MARGARET MARY ALACOQUE.



(2) “The Church, true dispenser of the Blood of our Redemption, was born from the pierced Heart of the Redeemer, and from here flows in abundance the grace of the Sacraments, which bestows eternal life on the sons of the Church.” PIUS XII



(3) “The Church wishes to encourage ever greater numbers of the faithful to approach this Holy Sacrament with confidence so that their hearts may be ever more consumed in the flames of that divine charity which burned in the Sacred Heart of the Savior when, in His infinite love, He instituted the Holy Eucharist.”

POPE BENEDICT XV