Raffaello Martinelli

THE EUCHARIST
The Bread of Eternal Life

Catechetical aid for those who prepare
First Holy Communion, based on the
Catechism of the Catholic Church
and the Post-Synodal Apostolic Exhortation
Sacramentum Caritatis.

With the imprimatur of the Vicariate of Rome

Dialogical Catechesis
in Images
The Eucharist
The Bread of Eternal Life
IMPRIMATUR
From the Vicariate of Rome

MONS. MAURO PARMEGGIANI
Prelate Secretary General
THE EUCHARIST

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Dialogical Catechesis in Images

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This catechism is dedicated to the two patrons of Italy: Saint Francis of Assisi and Saint Catherine of Siena.
BIBLICAL ABBREVIATIONS
(in alphabetical order)

Ap  Apocalypse of Saint John – The Book of Revelation
Acts  Acts of the Apostles
Col  Letter to the Colossians
1 Cor  First Letter to the Corinthians
2 Cor  Second Letter to the Corinthians
1 Cr  First Book of Chronicles
Dt  Deuteronomy
Heb  Letter to the Hebrews
Eph  Letter to the Ephesians
Ex  Exodus
Ez  Ezekiel
Phil  Letter to the Philippians
Gal  Letter to the Galatians
Job  Job
Js  Letter of James
Jd  Jude
Jl  Joel
Gn  Genesis
Jn  Gospel according to John
1 Jn  First Letter of Saint John
Is  Isaiah
Lam  Lamentations
Lk  Gospel according to Luke
Lv  Leviticus
2 Mac  Second Book of Maccabees
Mk  Gospel according to Mark
Mi  Miach
Mt  Gospel according to Matthew
Ne  Nehemiah
Nm  Numbers
Pr  Proverbs
1 Pt  First Letter of Peter
2 Pt  Second letter of Peter
1 Kg  First Book of the Kings
Rm  Letter to the Romans
Ps  Psalms
1 Sam  First Book of Samuel
2 Sam  Second Book of Samuel
Wis  Wisdom
Sir  Sirach
1 Tm  First Letter to Timothy
2 Tm  Second letter to Timothy
1 Thess  First Letter to the Thessalonians
Tt  Letter to Titus
OTHER ABBREVIATIONS

Ch. chapter
CCC Catechism of the Catholic Church
C.I.C. Code of Canon Law
cfr. confront
col. Column / columns
Compendium Compendium of the Catechism of the Catholic Church
ed. editor / editors
eg. example
ibid. ibidem: same work
n. d. no date
cent. century
v./vv. verse / verses
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TO OUR LADY OF THE MANTLE

“Behold your mother,” Jesus said to me
when I was with you at the foot of the Cross.
So, Mary, let me invoke you in this way.

“My Mother, carry me in your heart.
Take me by the hand.
Give me that blessed milk with which you nurses Jesus.
Keep me under your mantle
the way you held Jesus in the shadow of your arms.
My Mother, speak to me of Jesus; tell me everything about Him:
from the night of Christmas to the night of Calvary,
from the light of His conception to the light of His Resurrection.
Help me find that will of the Father
that you shared with him.
Help me welcome that Holy Spirit
who gave life to your womb and gave life to His tomb.
Open me to that love
that made you blessed and full of grace.
Open me to that mission
that, first, enclosed you in the silence of Nazareth
And then took you to a foreign land in search of your lost children.
Teach me abandonment and trust,
poverty and humility,
meekness and hiddenness.
Teach me to weep, to suffer, to die.
Teach me to give myself, to say ‘Here I am’ to Him who can do all things.
Teach me to walk where he wants me to.
Teach me to lose everything so as to become, with you, mother of all.
Help me at every hour, especially at the last hour,
which will bring me to see your face.
Teach me to say ‘yes’ when you come with Jesus to take me
from this world to bring me to the Father.”

Don Andrea Santoro