

Teresa Higginson

1844-1905

Teresa was born in Holywell, England in 1844, and died in 1905. The life of the Catholic governess was exemplary. She carried heavy crosses with patience and received from Heaven the privileges of Holy Stigmata and Spiritual Marriage.

Teresa spent her life building her spirituality by degrees until reaching the highest levels of holiness. Attesting to this fact we have had the most reliable of testimonies: that of her Spiritual Directors. One of these, Fr. Snow, wrote: "I believe that it is my duty to declare it my firm conviction that Teresa was not only a Saint, but was one of the greatest Saints that all-powerful God has ever called forth from His Church."

God had overwhelmed her spirit with exceptional gifts for the purpose of a special mission: to introduce to the world the desire of Our Lord to see honored the Sacred Head of Jesus in the Seat of Divine Wisdom. Teresa had many visions of Our Lord and the Virgin Mary. The devil tried every means possible in order to avoid the spread of the message of the Sacred Head of Jesus. As Teresa herself wrote: "when temptation built itself up to an unendurable level, my Guardian Angel would always come

to comfort me." There were also many apparitions of the devil who tried by any means to trick her. Often, Satan would appear disguised as Jesus and would present himself amongst a number of demons disguised as Angels. Teresa wrote that "every time my beloved God accepted my humble prayers on behalf of the poor sinners, the devil would become infuriated and, more than once, he tried to strangle me."

